

## Regain Your Active Lifestyle

The Regain is a flexible penile clamp that protects against urine leakage in cases of mild-to-moderate incontinence.

Most penile clamps are rigid. As a result, they can restrict blood flow to the penis and are more easily noticed under clothes. The Regain conforms for your body and only puts pressure where it is needed.

The Regain is made of a soft foam that's held in place with an adjustable Velcro strap. There's a bump in the foam that puts gentle pressure on your urethra. Compressing the urethra is the key to stopping urine leakage. Because this bump is only over the urethra, the Regain doesn't block blood flow to your penis, and that's the key to its comfort and its safety.



It's the Bump!

## Important Information

- Urinate at least every four (4) hours when you use the Regain.
- To urinate, release the strap, open the device and flatten it against your body - then urinate as usual.
- Recommend use of this device is as needed during the day. Use a pad at night.
- Do not use the Regain if you have a urinary catheter or penile prosthesis.

## Frequently Asked Questions

*Even though the Regain is an OTC device, should I still see a doctor?*

Yes, it's a good idea. Urine leakage is a symptom, so you should see your doctor to find out what's causing you to leak.

*Does one Regain size fit all?*

No. There are three sizes available. The regular size fits most men.

*Does Regain restrict blood flow in the penis?*

No. The Regain's unique shape is designed to stop just the flow of urine.

*Can I clean or wash the Regain?*

No. If you wash it, the Regain may not work effectively. A device that becomes soiled, wet or damaged should be replaced.

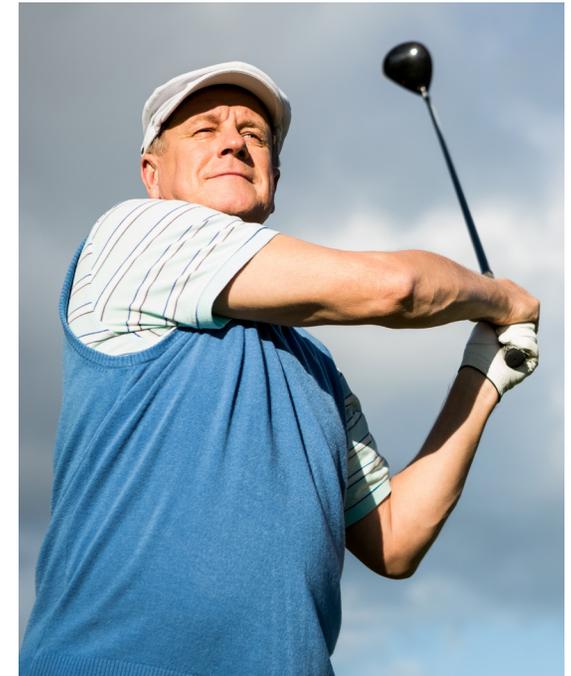


For information  
and to re-order:

8531 154th Ave NE #150  
Redmond, WA 98052  
866-839-9260  
425-497-1045 Fax  
personalmed4men.com

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USPN 5,184,629 with global counterparts.

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*Take Control of  
Urine Leakage*

## The Regain is Easy to Use

Here's how it works:

1. Unfasten the strap and place your penis through the opening.



The bump should be underneath your penis and the hinges should face **away** from your body.

2. Close the device by bending it towards you so it clamps around your penis.
3. Position the device slightly away from your body and tighten the strap.



When the Regain is properly positioned, its bump will block the flow of urine by pressing against your urethra (located in the middle of the underside of your penis).

To urinate or to remove the Regain, loosen its strap and completely unclamp the device.

## Choose the Size that's Right for You

The Regain device comes in three sizes (Small, Regular and Large). Sizes refer to circumference, not length.

Getting the right size is important for effectiveness and comfort, so please follow these instructions to determine the size that's right for you:

1. Use the ruler at right or a flexible tape measure to measure yourself.
2. Measure only a non-erect penis. For best results, conduct sizing when your body is at room temperature. For example, don't conduct the sizing right after a shower.
3. Wrap the ruler comfortably **around** your penis, slightly away from the body. (Do not measure the length.)
4. When the ruler is snug around your penis, read the number in inches to determine your size before ordering:

Small = less than 2½ inches around

Regular = 2½-4 inches around

Large = 4-5½ inches around

Please call us if you have any questions or need help.



## The Regain Order Form

Please complete this form and mail to:

Personal Med  
8531 154th Ave NE #150  
Redmond, WA 98052

Or call to place your order: 866-839-9260

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone \_\_\_\_\_

Bags of 3 ea. \_\_\_\_\_ @ \$30.00 \_\_\_\_\_

Small  Regular  Large

FREE Shipping & Handling \_\_\_\_\_ 0 \_\_\_\_\_

Sales Tax (WA only) \_\_\_\_\_

Total Amount of Order

The Regain Urinary Control Device is sent to you in discreet packaging.

Method of Payment - Check or Credit Card (No cash or HSA cards):

Visa  MasterCard  AmEx  Discover

Card Number \_\_\_\_\_ Exp. Date \_\_\_\_\_

Signature \_\_\_\_\_ CVV No. \_\_\_\_\_

Questions? Call 866-839-9260

Set printer to Actual Size.  
Cut out this ruler to measure  
AROUND your penis.

