

Shown here in its closed position, the Regain applies gentle pressure to the underside of the penis, blocking the flow of urine so you don't leak

Discreet, Effective Urinary Control

The Regain's unique design provides continence control that's effective, comfortable and easy to use. It's made of materials that have been carefully chosen to enhance your comfort...soft foam wrapped in flexible plastic. The Regain fits your anatomy and is so compact that it's easy to conceal.

Urologists recommend the Regain to their patients because clinical studies have shown it to be safe and effective.

Frequently Asked Questions

Since the Regain is available without a prescription, should I still see a doctor?
Yes, it's a good idea. Urine leakage is a symptom, so you should see your doctor to find out what's causing you to leak.

Does one Regain size fit all?

No. There are three sizes - small, regular and large. The regular size fits most men.

Does the Regain block blood flow in the penis? No. The Regain's unique shape is designed to stop just the flow of urine.

Can I clean or wash the Regain?

No. If you wash it, the Regain may not work effectively. A device that becomes soiled, wet or damaged should be discarded and replaced.



For information and to re-order:

8531 154th Ave NE #150 Redmond, WA 98052 866-839-9260 425-497-1045 Fax personalmed4men.com

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Regain Your Active Lifestyle with





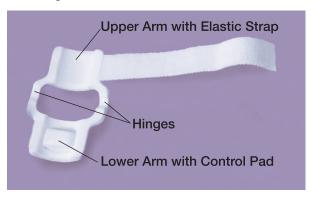


The Regain is a conformable device that wraps around your penis and provides gentle pressure in just the right spot to prevent urine leakage.

How the Regain Works

The Regain is made of flexible plastic with foam on the inside. It has a:

- Top with an Elastic Strap,
- · Bottom with a Control Pad (dome), and
- Hinge in the middle



Using the Regain is simple:

- 1. Hold a flat device by its Top, with the foam facing your body.
- 2. Place your penis through the opening.
- 3. Bend the device towards you so that it clamps around your penis.
- 4. Wrap the Elastic Strap around the device to hold it in place

When the device is properly positioned, the Control Pad will block the flow of urine by pressing against your urethra (located <u>in the middle</u> of the underside of your penis).

To urinate or to remove the Regain, loosen the Elastic Strap and completely unclamp the device.

Important Information:

- Recommend use of this device during the day, as needed, and a pad at night.
- Urinate at least every four (4) hours when you use the Regain. Loosen its Elastic Strap and both Arms before you urinate.
- Do not use the Regain if you have a urinary catheter or implanted penile prosthesis.

Choose the Size that's Right for You

The Regain device comes in three sizes. Follow these instructions to determine the size that's right for you:

- 1. Use a flexible tape measure.
- 2. Measure only a non-erect penis. For best results, conduct sizing when your body is at room temperature. For example, don't conduct the sizing immediately after a shower.
- 3. Wrap the tape measure around your penis, one to two inches from the body. (Do not measure the length.)
- 4. When the tape measure is snug <u>around</u> your penis, read the number in inches. Do not pull tightly.
- 5. Use the number of inches to determine your size before ordering:

Small = less than $2^{1}/2$ inches (6 cm) around Regular = $2^{1}/2$ -4 inches (6-10 cm) around Large = $4-5^{1}/2$ inches (10-14 cm) around



The Regain Order Form

Please complete this form and mail to:
Personal Med
8531 154th Ave NE #150
Redmond, WA 98052

Or call to place your order: 866-839-9260

Name			
Addre	ess		
City			
State			Zip Code
Telep	hone		
	_Bags of 3 ea. @ \$30.00	=	
Size:	☐ Small (less than 2¹/2" AROU	ND)	
	\square Regular (2 ¹ / ₂ -4" around)		
	\square Large $(4-5^{1/2}"$ Around)		
	+ Shipping & Handling	=	\$8.00
	+ Sales Tax (WA only)	=	
	Total Amount of Order	=	

The Regain Urinary Control Device is sent to you in discreet packaging.

Method of Payment (Please do not send cash):
□ Visa □ Master Card □ AmEx □ Discover
If sending check or money order, please
call 866-839-9260 for total charges.

Card Number

Expiration Date

Signature

Security Code

Questions? Call 866-839-9260